

The La Salle School at St. Gabriel's Parish

Lent 2009..... Prayer Fasting Almsgiving

Prayer.....

“Which commandment is the most important of all?”

“This is the most important one,” said Jesus. “Listen, Israel! The Lord our God is the only Lord. You must love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.” Mark 12: 28-31

Lent 2009 is the perfect time to start going to Church every Sunday as a family.

On March 24 the school is sponsoring a Family Night of Prayer. *Every family is invited to attend.* It begins at 7 PM in the church. There will be two speakers. Father Walter from Radio Maria will speak in Spanish and Josephine Cacchia from the Diocesan Charismatic Office will speak in English. *Please join us!*

Fasting...

The One Rule You Need In School....

“This one rule is very simple. Students will respect all people, including themselves, and all property, including their own, at all times.”

At our school we are going to fast from some behaviors to make this rule become a reality. We are on a Lenten journey to move our students from “Me” to “We.”

From... I am the center of the universe, fulfilling my potential is what life is all about.

To..."What do you think you are on earth for? To help someone who has a more difficult time than you do. If you made some contribution to someone else, to improve their life and make their life a bit more livable, a bit more happy, I think that's what you should be doing." RFK

"Throughout Catholic schools and home, the gospel of shared, not individualistic, values was paramount. I'm sure that I was not alone, a kid from a large blue-collar family, sitting there in a Catholic classroom in the 1950s and early 60s with a nun, Brother or priest telling me that it was not how much money I made, what accomplishments I might have, but what I had done to make this a better world that would be the measure of my life."
Paul Wilkes

*At our school we are going **to fast from...***

- Making noise in the hallways when other classes are in session
- Talking to our friends while the teacher is speaking
- Any form of disrespect or disobedience to our teachers
- Hurting our classmates by saying crude or cruel remarks

Almsgiving

Kenya Confronts Food Shortages

"As nearly 10 million Kenyans suffer food shortages, the country's Catholic Bishops have urged the government to provide assistance and food-for work-programs."

Every Lent our students do without so we can help our twinned school in Kenya. This Lent our brothers and sisters in Kenya are in greater need. The media has shown pictures of Kenyans eating tree roots to survive.

Encourage your child to give generously to those in need.